



# Better healthcare workflows.

A ready-to-use platform from HeBA Digital, shaped by clinical practice.

## **One patient journey. Connected work.**

Zild is a ready-to-use healthcare platform, already used in occupational health and configurable to customer needs. It connects questionnaires, clinical documentation, tasks and reporting across the care journey.

## **Where we help**

Preparation and follow-up consume clinical time. Teams re-enter information between systems. Responsibilities become unclear between appointments. We connect the work, the information and the people responsible for the next step.

## **A platform and the team to make it work**

HeBA Digital combines healthcare workflow design, software engineering, integrations and AI. We start with your service and choose the right implementation. You can use one Zild component, a coordination layer or the clinical platform. Working with us does not require choosing Zild.

For leaders in ambulatory, preventive and occupational healthcare across Europe and the UK. [Explore the platform →](#)

# Quality care, supported by technology.

HeBA Clinic combines individual clinical attention with a coordinated occupational health service.

150+

employers

30,000

employees

Cumulative service experience over seven years, reported April 2026. These figures describe HeBA Clinic's service reach, not software licences or active customers.

## Value for employees, care teams and employers

Employees prepare before the visit and leave with a personal health plan. Nurses and doctors work with shared clinical information. Employers coordinate the service with less administration and use relevant aggregate information for workplace health decisions.

## The platform is part of the service quality

Zild connects preparation, consultations, health plans and follow-up. HeBA's service overview reports approximately 40% workflow efficiency improvement before AI, based on internal and external user experience. This describes workflow redesign, not an AI effect.

## What HeBA's clients say

PPA: meaningful health checks.

Haapsalu Kutsehariduskeskus: simple coordination.

Prismian: health information for management decisions.

Original HeBA Clinic client stories are in Estonian.

Based on HeBA's April 2026 AI paper and September 2026 service overview. [Read the HeBA Clinic case →](#)

# Viljandi Hospital: time back for care.

From invitations and pre-visit preparation to clinical documentation and sharing decisions.

**3–4 h**

administrative work saved per day

**15–20 min**

nurse time saved per patient

**5–15 min**

doctor time saved per patient

## The workflow changed

Patients complete questionnaires before the appointment. Nurses and doctors share clinical context. Decisions and follow-up become parts of the same process. AI helps draft documentation and summaries, with professional review and approval.

## Where the time is saved

Questionnaire entry previously took 5–10 minutes during the visit; patients now prepare beforehand. Preparing a decision changed from 3–4 minutes of copying to 15–20 seconds of review and additions. Summary and follow-up documentation was reported to save 6–10 minutes per patient.

## How to read the results

These are estimates from daily practice in one implementation. The tasks and time savings overlap and must not be added together. Seeing eight rather than six patients a day was described as a possibility, not an achieved throughput result.

Source: Dr Danel Mugur, occupational health physician, Viljandi Hospital. Reported experience from daily practice, recorded in the HeBA (Zild) platform effectiveness overview, v0.1. [Read the full case →](#)

# Fit Zild to your service.

A component, a coordination layer or a complete clinical platform.

## Connected capabilities

Questionnaires, clinical records, booking, communication, tasks, billing and analytics. AI supports preparation, structured draft notes and follow-up. Clinical judgement, approval and responsibility stay with healthcare professionals.

## Security and interoperability

We design around GDPR and UK GDPR requirements, with information security practices aligned with ISO/IEC 27001. We work with AWS and Microsoft Azure European hosting regions and support FHIR-compatible integrations. Data location, access and integration requirements are agreed for each deployment.

## Civitta: support for larger programmes

For larger service and technology programmes, we work with Civitta, combining healthcare workflow expertise with organisational change and delivery support. Together, we can help clients address information security and ISO/IEC 27001 alignment. [civitta.com](https://civitta.com)

## Start with your workflow

Send Ain a short question or describe what is difficult today. An initial conversation establishes fit. Where deeper analysis is needed, we agree a paid discovery with a clear scope and deliverables.

[Security and integrations](#) · [Privacy](#)

HeBA Clinic OÜ · Registry code 14644401 · Estonia

**Ain Aaviksoo, MD MPH**

[ain.aaviksoo@heba.ee](mailto:ain.aaviksoo@heba.ee)

[heba.digital](https://heba.digital)